

Presenters

Stop The Bleed !

***Wendy Gibson MSN, MBA, RN, CEN,
SCRN, TCRN***

***Certified Stop the Bleed Instructor
Simulation and skills Lab Coordinator/
Assistant Professor , Kansas Wesleyan
University.***

Dealing with Stressful Situations

Lisa Berry BSN, RN

***Masters of Science in Counseling
Inpatient Psychiatric Clinical Care Su-
pervisor at SRHC***

Target Audience: RN, LPNs

Join us to learn how you
can deal with traumatic
physical and emotional
situations.

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Presented by:



**Sunflower Chapter of
Kansas State Nurses
Association**

**Practice Update:
Stop the Bleed
&
Dealing with Stressful
Situations**

September 21, 2019

Tammy Walker Cancer Center

511 S. Santa Fe Ave.

Salina Kansas

8 AM to 12 Noon

Stop the Bleed !

Registration

KSNA Members \$10

Non KSNA Members \$15

Name _____

Street Address _____

City _____ St. _____ Zip _____

Phone # _____

RN _____ LPN _____ Other _____

License Number _____

Make checks payable to :

Sunflower Chapter of Kansas State
Nurses Association

Mail to: Salina Regional Health Center

Organizational Development

400 S. Santa Fe , Salina, Ks 67401

Please contact SRHC Organizational Development

at 785-452- 7600 for more information

OBJECTIVES

STOP THE BLEED !

1. Discuss essential elements in the historical development of Stop the Bleed programs.
2. Identify contributions of individuals and organizations to the current Stop the Bleed initiative.
3. Demonstrate correct application of tourniquets in bleeding emergencies.
4. Practice wound management and control of bleeding in an emergency.
5. Formulate a list of items necessary for a personal Stop the Bleed kit.

STOP THE PANIC!

1. Learn how to keep yourself safe
2. Be able to recognize when the acuity of a situation increases
3. Learn what to say and what to say in stressful situations
4. Be able to recognize and assist a person experiencing anxiety
5. Be able to recognize and assist a person experiencing a panic attack
6. Learn the skill of empathic listening

Nursing: Salina Regional Health Center is approved as a provider of CNE by the Kansas State Board of Nursing. This nursing course offering approved for 3 contact hours for recertification applicable for APRN, RN, or LPN relicensure. Kansas State Board of Nursing Approved Provider No. LT0136-0727. Kathy Pike, MSN, RN-BC, Coordinator.

Schedule

8:00 - 8:30

Sign in and Welcome

8:30 - 10:15

STOP THE BLEED Campaign
*Wendy Gibson, MBA, MSN,
RN, CEN, SCRN*

10:15 - 10:45

Mid morning Break

10:45 - 11:45

Stop the Panic
Lisa Berry, MS, BSN, RN

11:45 - 12:00

Questions and Answers

**Sunflower Chapter ,
North Central
Nurses Association
of Kansas State
Nurses**